

Philadelphia Middle Grades Boys Lacrosse League

The Philadelphia Middle Grades Lacrosse League will use the 2009 NFHS Boys Lacrosse Rules with the following exceptions:

Time Factors:

- Games will be four 8-minute running quarters. Clock is stop time for the last 2 minutes of the game.
- Halftime will be 5 minutes, between period time is 2 minutes.
- Game clock and penalty clocks will be kept at the table, if there is no clock at the table, then the officials will keep both game and penalty clocks on the field.

Advancement:

- There will be no 20-second defensive clearing count or 10-second offensive into the box count. The goalie is subject to the standard 4 second count with possession in the crease.

Equipment:

- All players are required to be properly equipped, including the goalkeeper who is required to have a chest protector and throat protector.

Substitution:

- No horns when ball goes out of bounds on side line or end lines.
- Regular substitutions are permitted when a goal is scored or when a time serving penalty is assessed.
- All other subs are done by Special Substitution (“on the fly”).

Time Outs:

- Each team is allowed 1 time out per game.
- Clock stops on Time Outs.
- Timeouts cannot be called in the last 3 minutes of the game.

Penalties

- All penalties will be running time.
- Penalty time starts on the whistle restarting play after the player enters the substitution box.
- Penalty time stops during time outs.

Tie Game

- If the score is tied after regulation play, one 4-minute running time overtime period will be played .
- There are no time outs in overtime.
- Overtime will be normal 10-men per side, not “braveheart”.

Mercy Rule

- If one team is ahead by 4 goals or more, after a goal is scored, there will be no face off. The team that is trailing will get the ball at mid-field.